

# bodywear

## Caring for Delicate Items: Lingerie, Hosiery and Shapewear



**Hand wash or gentle machine wash only, cool water (not in excess of 30 degrees Celsius), do not bleach, iron, dry-clean or tumble dry**

**Important:** all Lycra, also known as elastane, (and therefore all items containing lycra) will be damaged if washed/dried at temperatures exceeding 30 degrees Celsius or if aggressive detergents (nappy soaking detergents, bleach etc) are used.

**Extend the life of your lingerie, hosiery and shapewear** by hand-washing (recommended), or using a lingerie bag (see "Silky Sac" in Accessories section) in the delicate low-temperature cycle of your washing machine.

Use mild soaps - no tumble drying, bleaching or ironing.

Hosiery is a delicate item - we recommend that you extend the life of your hosiery by wearing hosiery gloves when putting on. If you do not have hosiery gloves you can use dishwashing gloves (!) or at the least, please make sure that your nails are smooth and hands well-moisturised. Do not pull hosiery up using the absolute tips of your fingers; it is better to use flat fingers.

If you have any queries about the above please contact us.